

**Maharashtra University of Health Sciences,
Nashik Inspection
Committee Report for Academic Year 2026-2027
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.**

Faculty Nursing

Name of the College / Institute: - Harsh Institute of Nursing Sutala

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Perform
1	Yoga Day
2	World Glaucoma Day
3	World Tuberculosis Day
4	World Liver Day
5	World Asthma Day
6	Basic Research Methodology Workshop
8	SBI Life Insurance, Home Loan, Various Investment Scheme"
9	FDP on " OSCE"
10	World Sexual and. Reproductive Health Awareness Day
11	Tree Plantation Celebrations
12	International Women's Day 2025
13	Annual Awareness Program on "Code f Conduct"
14	Poster making Competition on "Gener equality"
15	Cancer Day

Dean/ Principal Stamp & Signature

G. Jais
Principal

**Harsh Institute of Nursing
Sutala Bk. Khangaon, Dist. Buldhana**

Vitthal Bahuddeshiya Sevabhavi Sanstha
HARSH INSTITUTE OF NURSING
SUTALA

Report on International Yoga Day

21st June 2025

International Yoga day was celebrated by the students and the teachers of Harsh Institute of Nursing Sutala on 21st June 2025 with great enthusiasm. Vice-Principal G. Authimoolam and Assistant Prof. M. Malarkodi also participated in the celebration. The function began with a brief introduction of Yoga Day by Assistant Prof. M. Malarkodi. A brief introduction of the guests, Smt. G. Authimoolam, Certified Yoga trainer with Swasthya

Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind. Two lectures organized to explain the importance of Yoga.

Smt. G. Authimoolam explained the importance of Yoga in the life of youngsters. She explained that regular practice of Yoga will help the students achieve better mental and physical health. Smt. G. Authimoolam started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asanas were performed by the students and the teachers enthusiastically and the importance of these Asanas was explained simultaneously by Smt. G. Authimoolam.

Ms. Stutee spoke about 'The Positive Framework of Meditation'. She began by explaining how negative thoughts disturb a person. Negativity she said increases the hormonal imbalance in people and thus there is a confusion of thoughts leading to stress. She also spoke about her experience as a counselor where she has patients ranging from the age group 3 years to 90 years. She emphasized the fact that purity of thought increases positivity in a person. Purity of thought increases mentally and physically strong people, which further create a positive nation leading to a positive world. She emphasized that it is the responsibility of the teachers to imbibe positive thoughts among students. She conducted a 3 minute meditation session with the students and teachers and professed the regular use of meditation in one's life.



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REPORT ON WORLD GLAUCOMA DAY

World Glaucoma Day 2025 is observed on 9th March 2025 by Dept. Harsh Institute of Nursing Khamgaon. G. Authimoolam was the chief guest for the program and welcome address was given by **Mahalakshmi S. Mam**, which may help in the early diagnosis of non-communicable diseases. **Dr. Ashish agrawal** MD of Life Line Hospital gave an overview of World Glaucoma Week. Glaucoma is asymptomatic, and it will cause irreversible damage to the eye and eventually cause blindness. Dr. Sulatha Bhandary, Prof. and HoD, Dept. of Ophthalmology proposed vote of thanks. Students of harsh institute of Nursing Sutala Bk played street play on awareness of Glaucoma. Screening for Glaucoma was arranged in the entrance college



VITTHAL BAHUDDSHIYA SEVABHAVI SANSTHA, Reg.No.201/03

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(Approved by Indian Nursing Council, New Delhi, Maharashtra Nursing Council Mumbai & Affiliated to Maharashtra University of Health Sciences, Nashik)

Sutala Bk. Khamgaon Tq.Khamgaon Dist.Buldana - 444 303

• Email: Harshbscnursing@gmail.com

• M.8806191970 / 9422884030 / 9595688535

Date: / / 20

Ref.No.

CRITERIA FOR POSTER COMPETITION WORLD TUBERCULOSIS DAY-2025

1. It must be relevant to the theme.
2. Use brief and simple language, and avoid text altogether.
3. Written language must be in Hindi.
4. Poster must be neat and clear with creativity and originality and use pleasing colour combinations.
5. be prepared with various information regarding the topic in order to explain on the occasion
6. Message conveying should be informative and neutral to the political, communal, and religious aspects.
7. Judge's decision will be final

The workshop was organized by University of Health science of , Harsh Institute of Nursing on 22nd March 2025 under the guidance of G. Authimoolam(Vice-Principal Harsh Institute of Nursing) and Malarkodi (Lecturer College of Nursing), and organizing chairperson- Authimoolam Mam (Assoc. Professor , MSN), Organizing Coordinator- Stutee Mam (Nursing), "Infection control practices." The third session was delivered by Annie Sinthiya Christy Mam on the topic of "Diagnosis and Programmatic Management of TB" and highlighted the TB control programs and the importance of notification in TB Control. Followed by vote of thanks given by Ms. Tsering, BSc nursing 1 yr student. The session was moderated by Ms. Kashia BS.c 1st year student. A total of 40 participants attended workshop

The prize distribution of poster competition was held on 22nd March 2025, G. Authimoolam distributed the prizes to the winners. 1st prize held by Apurva Khandare (B.Sc. Nursing 1st yr.) second prize Shubham Dhayde Name of students Impact on first glance



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WORLD LIVER DAY

In commemoration of World Liver Day-2025, Harsh Institute of Nursing, Department of Medical Surgical Nursing organized an English e-Essay writing competition on 16.04.2025 on the theme of the year Keep your Liver healthy & Disease free.

Rules/ Regulation for e-Essay competition are as Follows:-

- Written/ typed content in English
- It should be in 3-5 pages.
- It should cover the theme of the year 2025
- Web content should be avoided.
- On day admission is advised
- Participants has to mail the e-essay to harshbscnursing@gmail.com

15 enthusiastic participants from B.Sc (N) I year students actively participated in Essay writing competition.

B.Sc Nursing II year won the 1st Place.



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WORLD ASTHMA DAY

HARSH INSTITUTE OF NURSING SUTALA
Report on World Asthma Day

Date : 4/05/2025
Mode of activity : HARSH INSTITUTE OF NURSING SUTALA

Event : World Asthma Day
Theme : Closing Gaps in Asthma Care

Staff In charge : Ms. Stutee David Sable

The world asthma day was remembered on 3rd May every year and it was observed on 4th May 2025 on the Theme '*Closing Gaps in Asthma Care*' which was aimed to enhance the awareness on asthma among children, adolescent and adult.

An awareness teaching program was conducted in the hospital campus to motivate the public on asthma care. Health education through PowerPoint presentation was given in three areas at different times that includes in front of General OPD, Pediatric OPD and ICU complex waiting area between 10.00 am and 12pm. Health talk was given by I Year B.Sc. Nursing students and was supervised by Vishal Ingle at Life Line Hospital



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Date: / / 20

SBI Life Insurance, Home Loan, Various Investment Scheme

HARSH INSTITUTE OF NURSING SUTALA
Report SBI Life Insurance, Home Loan, Various Investment Scheme

Date : 5/05/2025
Mode of activity : HARSH INSTITUTE OF NURSING SUTALA

Event : Report SBI Life Insurance, Home Loan, Various Investment Scheme

Mr. P Raut sir Chief Guest of Program
Mr. Raut sir Given Details about SBI Life Insurance

Presenting SBI Life - RiNn Raksha (UIN: 111N078V03), a plan that helps you ensure that your family has the best of everything. With this solution, your family won't have to bear the loan liabilities in case of an unfortunate event as it repays the outstanding loan, thereby keeping their future and dreams protected.

Features:

A comprehensive Group Credit Life Plan that covers Housing, Vehicle, Education, Personal & Other Loans
Lives up to 2 co-borrowers in addition to the primary borrower can also be covered.
Flexibility to choose loan cover term as per need**

*The coverage under the product for new and existing borrowers shall be as per the board approved underwriting policy.

**subject to minimum of 2/3rd of the loan term, if the loan term is 15 years or more.

Features

Life insurance coverage
Assistance to repay a variety of loans
Coverage for co-borrowers
Choice of Gold or Platinum plan options
Choice of cover term, premium paying term and frequency

Advantages

Security

Enables your family to continue enjoying the assets that you so lovingly acquired
Reliability

Repays your outstanding loan amount as per the sum assured schedule

Wide variety of loans covered, namely housing loans, car loans, agricultural loans, educational loans, and personal loans

Flexibility

Provides additional coverage to two co-borrowers in addition to primary borrower

Choose between single or level premium for 5 or 10 years as per your requirements

Option of monthly, quarterly, half yearly or yearly premiums as per your financial capabilities

Avail tax benefits*

The product features available under this plan shall be chosen by your Master Policyholder in capacity as

the group administrator. Only features chosen by the Master Policy Holder shall be made available to you.
You can choose from the options/features made available by the master policyholder.

Death Benefit:

The death cover would be the outstanding loan balance at the time of death as per the sum assured schedule in your certificate of insurance.

Tax Benefits*:

Income Tax benefits/exemptions are as per the applicable income tax laws in India, which are subject to change from time to time. Please consult your tax advisor for details.
For more details on risk factors, terms and conditions please read the sales brochure carefully before concluding a sale



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Tree Plantation Celebrations
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Date

Mode of activity : HARSH INSTITUTE OF NURSING SUTALA

Chief Guest of Program G.Authimoolam Vice-Principal of Harsh Institute of Nursing



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“ANNUAL AWARENESS PROGRAMME REGARDING CODE OF CONDUCT”

Each of the various constituent colleges under the umbrella of CARE include a minimum of two sessions during the orientation program for first year students, geared to make them aware of the existence of the CODE OF CONDUCT in CARE University. The first session covers the general rules governing student attitude and behavior while in CARE campus both as a day scholar and as a resident of the hostels. This session is facilitated by the faculty in charge of hostels as well as by senior faculty of major departments both in the college block and the hospital block. The second session is held under the aegis of the faculties who shall be handling the subjects of the first year in that particular course. This session is geared towards making the students aware of the rules and standards of behavior expected by each department while the student is present in the lecture hall / laboratory / ward / operation theatre / OPD as well as the regulations to be followed during assessments – both formative and summative. This awareness regarding the code of conduct is refreshed and reinforced as and when the students move along to the successive years, as part of the curriculum covered in the first week of each new semester / year / phase. All the newly appointed employees of CARE – both administration staff and faculty – are provided with an employees' handbook and are guided through their various roles and responsibilities as expected by the organization, during their first day of employment. This is refreshed and reinforced through information circulars that are periodically emailed to all employees in an as-and-when-required basis. The staff and faculty are also appraised with regards to the code of conduct of the students as they are the monitoring personnel who direct the attention of the authorities towards any breach in this protocol, if and when it occurs.